

# MAC AND CHEESE

*THE BEST BREAKFAST MAC 'N CHEESE IN THE WORLD*

<b>LE MAC PAS ENCORE UN DÉFICIT</b> 16.00 Chorizo, pork and beef sausages, Italian sausages, cheese sauce, shallots and egg	<b>LE MAC PAS UNE AUTRE GRÈVE</b>  15.75 <b>S.V.P !</b> Vegetarian: peppers, onions, tomatoes, spinach, asparagus, mushrooms, cheese sauce, shallots and egg
<b>LE MAC DES NOUVEAUX RICHES DE NAPIERVILLE</b> 20.20 Duck confit, onions, mushrooms, cheese sauce, shallots and egg	<b>LE MAC OUBLIEZ PAS VOTRE FACTURE, C'EST LA LOI !</b> 15.75 Bacon, pork and beef sausages, cheese sauce, shallots and egg
<b>LE MAC « EH BOY » LE TAUX DE CHANGE FAIT MAL</b> 15.75 Bacon, pork and beef sausages, ham, bologna, cheese sauce, shallots and egg	<b>LE MAC QUI VA PAYER POUR LE MUR ?</b> 18.00 Pulled smoked meat, cheese curds, cheese sauce, shallots and egg
<b>LE MAC GOEFF REFINANCE LE CH</b> 16.20 Chorizo, goat cheese, onions, peppers, cheese sauce, shallots and egg	<b>LE MAC ET SON GROS BŒUF</b> 17.75 Ground beef, onions, bacon, cheese sauce, shallots and egg

# LUCILE'S GUEDILLES

*SERVED WITH THE ONLY REAL BREAKFAST POUTINE IN QUÉBEC OR ARUGULA SALAD*

<b>LUCILE PART EN CAMPING</b> 15.75 Tuna salad, sundried tomatoes & shallots	<b>LUCILE FAIT LE TOUR DU MONDE</b> 15.20 Scrambled eggs with bacon, pork and beef sausages, onions, mayo & shallots
<b>LUCILE, SA POULE ET SON CANARD</b> 20.20 Scrambled eggs with duck confit, mushrooms, onions, mayo & shallots	<b>LUCILE VA AU GYM</b> 15.75 Scrambled eggs with ham, bacon, pork and beef sausages, bologna, mayo & shallots
<b>LUCILE ET SON HOMME</b> 15.75 Scrambled eggs with chorizo, peppers, onions, mayo, goat cheese & shallots	<b>LUCILE EN SNOW À CHAMONIX</b> 17.75 Scrambled eggs with pulled smoked meat & shallots

# REINVENTED SHEPHERD'S PIE

<b>LA RECETTE À LA TANTE À GILLES</b> 16.20 Ground beef, grain corn, carrots, sautéed sweet peas and onions, homemade potatoes, all au gratin with cheese curd and egg	<b>LE VÉGÉTARIEN IMPOSTEUR</b>  18.20 "Beyond Meat" vegan patty, peppers, onions, tomatoes, spinach, asparagus, mushrooms, homemade potatoes all au gratin with cheese curd and egg
<b>LE MÉA-CULPA SUCRÉ</b> 16.20 Ground beef, ham, bacon, maple syrup, homemade potatoes, all au gratin with cheese curd and egg	<b>L'ANGE GARDIEN OFFENSÉ</b> 18.20 Ground beef, pulled smoked meat, homemade potatoes, all au gratin with cheese curd and egg

# SMOOTHIE BOWLS

## L'INFIDÈLE PARFOIS

15.20

Smoothie bowl containing soy milk, tofu mixed berries, nut and cranberry granola, chia seeds, pumpkin seeds, coconut shavings, maple syrup, topped with strawberries and mixed berries

## EL CHAPO EN CADILLAC AU RONA

15.20

Smoothie bowl containing soy milk, tofu, mangos, peaches and bananas, nut and cranberry granola, chia seeds, pumpkin seeds, coconut shavings, maple syrup, topped with strawberries and mixed berries

## LA TRAPPE À TOURISTES

15.20

Smoothie bowl containing soy milk, tofu, strawberries and bananas, nut and cranberry granola, chia seeds, pumpkin seeds, coconut shavings, maple syrup, topped with strawberries and mixed berries

## OUR **LAVAZZA** COFFEE

CAPPUCCINO 3.95 • LATTÉ 4.95  
ESPRESSO 3.50 • MACCHIATO 3.95  
MOCHACCINO 4.95 • ICED LATTÉ 3.95

# GOURMET OATMEAL

SERVED HOT

## LA QUEUE DU COQ

12.20

Milk oatmeal topped with bananas, maple syrup, English cream and crunchy oats

## MON PÈRE, C'EST LE PLUS FORT ! 13.20

Milk oatmeal topped with bacon maple syrup and a poached egg

## MON VOISIN UN PEU CHIANT 13.20

Milk oatmeal topped with bananas, bacon, peanut butter and maple syrup

# OVERNIGHT OATMEAL

SERVED COLD

## SIEUR LOUIS ET SON ZEUS

12.20

"Overnight" almond milk oatmeal with bananas and blueberries, maple syrup, nut and cranberry granola and chia seeds

## UN JEUDI SOIR À TROIS-RIVIÈRES

13.20

"Overnight" oatmeal with strawberries and mixed berries, maple syrup, nut and cranberry granola and chia seeds

## BERGY CHEZ "L'PSY"

13.20

"Overnight" almond milk oatmeal with bananas and peanut butter, maple syrup, nut and cranberry granola and chia seeds

# FRUITS & CO.

## JE RESTE EN SANTÉ

14.75

2 poached eggs served with a bowl of fruit, cottage cheese and toast

## YOGOURT PARFAIT

15.20

Cup of vanilla or plain yogurt and mixed berries, topped with crunchy oats, served with a bagel and cream cheese

## YOGOURT PRESQUE PARFAIT

15.75

Cup of vanilla yogurt, bananas and Nutella topped with crunchy oats, served with bagel and cream cheese

## BOL DE FRUITS À MARIE

11.50

With Nutella or English cream

## KARINE TRIPPE FRUITS

14.20

Bowl of fruit served with bagel and cream cheese

## YOGOURT IMPARFAIT

15.20

Cup of vanilla or plain yogurt, strawberries and bananas, topped with crunchy oats, served with bagel and cream cheese

 **VEGAN OPTIONS**  
 **VEGETARIAN OPTIONS**

# MORE EGGS BENEDICT THAN YOU CAN IMAGINE

*SERVED WITH BOWL OF FRUIT AND POTATOES OR ARUGULA SALAD*

<b>BENE JOE CLASSIQUE</b> 2 poached eggs on artisanal Première Moisson bread with ham	<b>15.20</b>	<b>BÉNÉ JOE GUACAMOLE</b> 2 poached eggs on artisanal Première Moisson bread with guacamole and bacon	<b>17.20</b>
<b>BENE JOE THE PORTUGUESE</b> 2 poached eggs on artisanal Première Moisson bread with chorizo, goat cheese, onions and peppers	<b>17.20</b>	<b>BENE JOE FLORENTINE</b> 2 poached eggs on artisanal Première Moisson bread with ham and spinach	<b>16.20</b>
<b>BENE JOE THE FISHERMAN</b> 2 poached eggs on Première Moisson bread with smoked salmon and capers	<b>18.20</b>	<b>BENE JOE BRIE &amp; MUSHROOMS</b>  2 poached eggs on artisanal Première Moisson bread with brie cheese and mushrooms	<b>17.20</b>
<b>BENE JOE L'OEUFRIER</b> 2 poached eggs on artisanal Première Moisson bread with ham, Swiss cheese and asparagus	<b>17.20</b>	<b>BENE JOE BICHE</b> 2 poached eggs on artisanal Première Moisson bread with smoked salmon, goat cheese and tomatoes	<b>19.20</b>
<b>BENE JOE ITALIAN</b> 2 poached eggs on artisanal Première Moisson bread with Italian sausages, white cheddar, peppers and onions	<b>17.20</b>	<b>BENE JOE VEGGIE</b>  2 poached eggs on artisanal Première Moisson bread with peppers, onions, mushrooms, spinach, asparagus, tomatoes and goat cheese	<b>16.75</b>
<b>BENE JOE MEAT LOVER</b> 2 poached eggs on artisanal Première Moisson bread with bacon, pork and beef sausages, ham and bologna	<b>17.20</b>	<b>BENE JOE SAUSAGE</b> 2 poached eggs on artisanal Première Moisson bread with Italian sausages, chorizo, pork and beef sausages	<b>17.20</b>
<b>BENE JOE BACON</b> 2 poached eggs on artisanal Première Moisson bread with bacon, onions and Swiss cheese	<b>17.20</b>	<b>BENE JOE LITTLE PIGGY</b> 2 poached eggs on artisanal Première Moisson bread with bacon, ham and maple syrup	<b>18.20</b>
<b>BENE JOE LOTS OF SMOKED MEAT</b> 2 poached eggs on artisanal Première Moisson bread with pulled smoked meat and cheese curds	<b>18.20</b>	<b>BENE JOE BŒUF</b> 2 poached eggs on artisanal Première Moisson bread with ground beef, onions, bacon and yellow cheddar	<b>18.20</b>
<b>BENE JOE THREE CHEESE</b>  2 poached eggs on artisanal Première Moisson bread with Swiss cheese, yellow and white cheddar	<b>16.20</b>	<b>BENE JOE LEPOUTINIER</b> 2 poached eggs on artisanal Première Moisson bread with potatoes, bacon, pork and beef sausages and cheese curds	<b>18.20</b>
<b>BENE JOE MEDITERRANEAN</b>  2 poached eggs on artisanal Première Moisson bread with feta cheese, tomatoes, olives, onions and oregano	<b>17.20</b>	<b>BENE JOE CARNIVORE</b> 2 poached eggs on artisanal Première Moisson bread with 1/3 lb ground beef, chorizo and onions	<b>19.20</b>
<b>BENE JOE DUCK CONFIT</b> 2 poached eggs on artisanal Première Moisson bread with duck confit, onions and mushrooms	<b>20.20</b>	<b>BÉNÉ JOE LE VÉGÉTARIEN AGUERRI</b>  2 poached eggs on artisanal Première Moisson bread with the famous "Beyond Meat" vegan sausage, peppers, onions, mushrooms, spinach, asparagus and tomatoes	<b>19.20</b>

# OUR COLLECTION OF GRILLED CHEESES

SERVED WITH POTATOES OR ARUGULA SALAD  
REPLACE YOUR POTATOES OR ARUGULA SALAD WITH A BOWL OF FRUIT FOR +1.50

« LE PLATEAU MONT-ROYAL » 	13.20	« SARKOZY ACHÈTE À LAVAL »	13.20
3 cheeses: yellow cheddar, white cheddar and Swiss cheese		Ham, Swiss cheese and white cheddar	
« MTL ÉCRASE LES BRUINS »	14.20	« LA CAGE AUX FOLLES » 	13.20
Tuna salad, shallots, sundried tomatoes, Swiss cheese and white cheddar		Brie cheese, mushrooms and white cheddar	
« LE CONSULAT PORTUGAIS À MONTRÉAL »	14.75	« LE CLASSIQUE »	12.75
Chorizo, potatoes, peppers, onions, goat cheese and white cheddar		Egg, bacon, yellow cheddar and white cheddar	
« CÉSAR EN PATINS »	14.20	« J'ADORE MON L'OEUFRIER »	14.75
Italian sausages, peppers, onions and white cheddar		Egg, bacon, ham, pork and beef sausages, yellow cheddar and white cheddar	
« PEDRO SE TAPE UN IRONMAN »	17.75	« MARIE ANTOINETTE, À SE GÂTE ! »	17.20
Egg, pulled smoked meat, white cheddar and cheese curds		Smoked salmon, onions, tomatoes, goat cheese and white cheddar	
« MERCI M. LE MAIRE! » 	13.50	« RAFFY AUX OSCARS »	17.20
Pears, brie cheese and white cheddar		Egg, ground beef, onions, bacon, yellow cheddar and white cheddar	
« LE PÉTARD MOUILLÉ »	20.20	« TONY, PEDRO ET KEVIN VISITENT L'ESPAGNE »	16.20
Duck confit, mushrooms, onions and white cheddar		Italian sausages, chorizo, pork and beef sausages, peppers, onions, yellow cheddar and white cheddar	
« PAS LE TEMPS DE NIAISER ! » 	13.75	« ALAKAZOU ET SON GRILLED  CHEESE »	18.20
Brie cheese, spinach, onions, tomatoes, peppers, mushrooms, asparagus, pesto and white cheddar		Famous "Beyond Meat" vegan sausage, guacamole and white cheddar, spinach, onions, tomatoes, peppers, mushrooms and asparagus	
« ON PART TU CHÉRIE ? » 	13.20		
Feta cheese, tomatoes, onions, olives, oregano and white cheddar			



**SOPHIE SE PRÉSENTE DANS PARC EX 15.20**  
Gluten-free grilled cheese with an egg, bacon and Swiss cheese, served with a bowl of fruit

\* Please keep in mind that we can not guarantee that any menu item is completely gluten-free due to possible crossed contamination during the cooking process. We cannot be held responsible for any incident related to their consumption.

# OUR GUACAMOLE TOASTS

SERVED WITH A BOWL OF FRUIT

<b>LA SANTA MARIA DES MONTS</b>	15.20	<b>LA MAIRESSE FOU L'BORDEL!</b>	14.20
Artisanal Première Moisson bread with guacamole, chorizo, peppers, onions, goat cheese, poached egg and arugula		Artisanal Première Moisson bread with guacamole, bacon, tomatoes, onions, poached egg and arugula	
<b>LA SYMPATHIQUE HEUREUSE</b>	18.20	<b>LA LOUIS PHILIPPE EN CRÊTE</b> 	15.20
Artisanal Première Moisson bread with guacamole, smoked salmon, tomatoes, onions, capers, poached egg and arugula		Artisanal Première Moisson bread with guacamole, feta cheese, tomatoes, onions, olives, oregano, poached egg and arugula	

# OFFICIAL INVENTOR OF THE BREAKFAST POUTINE

ALL OUR POUTINES ARE SERVED WITH HOLLANDAISE SAUCE

<b>LA « MARIA EMILIA »</b> 2 eggs, goat cheese, cheese curds, chorizo, peppers and onions	<b>17.20</b>	<b>LA « ÇA ME PREND MES 6 PORTIONS DE LÉGUMES »</b> ✓ 2 eggs, cheese curds, spinach, onions, tomatoes, peppers, mushrooms and asparagus	<b>15.20</b>
<b>LA « FABULEUSE »</b> 2 eggs, cheese curds, bacon and pork and beef sausages	<b>15.20</b>	<b>LA « DU CANARD SVP ! »</b> 2 eggs, cheese curds, duck confit, onions and mushrooms	<b>20.20</b>
<b>LA « MÉNAGE À TROIS »</b> 2 eggs, cheese curds, chorizo, Italian sausages and pork and beef sausages	<b>16.75</b>	<b>LA « JERRY ET VINCENT VONT PÊCHER SUR LE FLEUVE »</b> 2 eggs, goat cheese, cheese curds, smoked salmon and onions	<b>18.20</b>
<b>LA « PRINTEMPS ÉRABLE »</b> 2 eggs, cheese curds, bacon, ham and maple syrup	<b>16.20</b>	<b>LA « YVES JOUE AUX GROS BRAS À VIMONT »</b> 2 eggs, cheese curds, chorizo, Italian sausages, pork and beef sausages, bacon, ham and bologna	<b>19.20</b>
<b>LA « JOCELYNE »</b> ✓ 2 eggs, brie cheese, cheese curds and Swiss cheese	<b>16.00</b>	<b>LA « VACHE QUI SOURIT »</b> ✓ 2 eggs, famous "Beyond Meat" vegan sausage, spinach, onions, tomatoes, peppers, mushrooms and asparagus	<b>19.20</b>
<b>LA « SERVEUSE EST CUTE »</b> ✓ 2 eggs, brie cheese, cheese curds and mushrooms	<b>15.20</b>		
<b>LA « KHALID EN 4 ROUES À TROIS-RIVIÈRES »</b> 2 eggs, cheese curds, pulled smoked meat	<b>17.75</b>		
<b>LA « PETER PROMÈNE SON CHIHUAHUA À DDO »</b> 2 eggs, cheese curds, ground beef, onions and bacon	<b>17.75</b>		
<b>LA « SURDOSE DE BACON »</b> 2 eggs, cheese curds and 6 slices of bacon	<b>17.20</b>		
<b>LA « LENDEMAIN DE VEILLE »</b> 2 eggs, cheese curds, bacon, pork and beef sausages, ham and bologna	<b>17.20</b>		
<b>LA « MON BEAU GROS MARIAGE GREC »</b> ✓ 2 eggs, feta cheese, cheese curds, tomatoes, olives, onions and oregano	<b>15.20</b>		

## 30 PIASTRES POUTINE

1.5 lbs of potatoes, 12 oz of hollandaise sauce, 4 eggs of your choice 160g of cheese curds and 1 lb of mixed meat

**30.00**



# UNCLE LUCIEN'S PATATIS

*SERVED WITH BOWL OF FRUIT, HOLLANDAISE SAUCE AND PREMIÈRE MOISSON BREAD*

<b>PATATI « PIERRE JEAN PAUL »</b>	<b>15.20</b>	<b>PATATI « GASTON ET SON LOTO MAX »</b>	<b>17.75</b>
3 eggs mixed with ham, asparagus and potatoes, au gratin		3 eggs mixed with pulled smoked meat, cheese curds and potatoes, au gratin	
<b>PATATI « MARIO TREMBLAY »</b>	<b>15.20</b>	<b>PATATI « TANIA DÉMÉNAGE À VAUDREUIL »</b>	<b>16.20</b>
3 eggs mixed with bacon, onions and potatoes, au gratin		3 eggs mixed with chorizo, peppers, onions and potatoes, au gratin	
<b>PATATI « ROBERTO VACCALIANI »</b>	<b>15.20</b>	<b>PATATI « SAM AU PAYS DES MERVEILLES »</b>	<b>15.20</b>
3 eggs mixed with Italian sausages, onions, peppers and potatoes, au gratin		3 eggs mixed with ham, onions, peppers and potatoes, au gratin	
<b>PATATI « ATHENA ET SA BANDE »</b> 	<b>15.20</b>	<b>PATATI « SAO PART SUR LE PARTY »</b> 	<b>15.20</b>
3 eggs mixed with feta cheese, onions, tomatoes, olives, oregano and potatoes, au gratin		3 eggs mixed with spinach, onions, tomatoes, peppers, mushrooms, asparagus and potatoes, au gratin	
<b>PATATI « CAREY, Y S'ENTRAÎNE FORT »</b>	<b>16.20</b>		
3 eggs mixed with ham, pork and beef sausages, bacon, bologna and potatoes, au gratin			

# LUCILE AND HER OMELETS

**EGG WHITE OMELET +2.95**

*SERVED WITH POTATOES OR ARUGULA SALAD AND PREMIÈRE MOISSON BREAD  
REPLACE YOUR POTATOES OR ARUGULA SALAD WITH A BOWL OF FRUIT FOR +1.50*

<b>« J'FEEL PLATE À MATIN »</b> 	<b>9.50</b>	<b>RÉGIS EN DIÈTE POUR LE CARNAVAL</b>	<b>17.20</b>
Plain omelet		Pulled smoked meat and cheese curds	
<b>ALEX, ROI DE ST-HENRI</b>	<b>14.00</b>	<b>LE JAMBON, LA BRUTE ET LE TRUAND</b>	<b>13.75</b>
Bacon with white cheddar		Ham, onions and peppers	
<b>P.K. ADORE ENCORE MONTRÉAL</b> 	<b>13.20</b>	<b>AUCUN DROIT DE REGARD POUR PIERRE-KARL</b> 	<b>14.20</b>
3 cheeses: yellow cheddar, white cheddar and Swiss cheese		Tomatoes, onions, feta cheese, olives and oregano	
<b>JUSTIN EN CALÈCHE À OTTAWA</b> 	<b>13.75</b>	<b>KEVIN A BESOIN DE PROTÉINES</b>	<b>16.20</b>
Spinach, onions, tomatoes, peppers, mushrooms and asparagus		Bacon, ham, sausages, bologna and white cheddar	
<b>RYAN, CHAMPION DU FRISBEE EN MONTAGNE</b>	<b>17.20</b>	<b>MARIA, CHAMPIONNE DU MONOPOLY</b>	<b>15.20</b>
Smoked salmon, onions, capers and cream cheese		Omelet with bacon, onions, peppers and white cheddar served with gluten-free toast and a bowl of fruit	
<b>LE CHORIZO A CHANGÉ MA VIE</b>	<b>15.20</b>		
Chorizo, peppers, onions and Swiss cheese or goat cheese			

\* Please keep in mind that we can not guarantee that any menu item is completely gluten-free due to possible crossed contamination during the cooking process. We cannot be held responsible for any incident related to their consumption.



# METAMORPHOSE YOUR PALATE

CHOICE OF WAFFLE, CREPE, CINNAMON BRIOCHE OR FRENCH TOAST

**MIMI ET COCO FONT DES MALHEURS** ✓ 15.00  
Bananas and Nutella

**J'ME TROMPE PAS AVEC ÇA** ✓ 15.50  
Bananas, strawberries and Nutella

**L'INCROYABLE** ✓ 15.50  
Peanut butter, bananas and Nutella

**LÀ, JE TRIPPE !** 16.50  
Bananas, Nutella and bacon

**L'ŒUFRIER DÉBARQUE À QUÉBEC** ✓ 16.75  
Strawberries and Nutella

**LA CLASSIQUE DES CLASSIQUES** ✓ 15.50  
Fresh fruit, English cream and maple syrup

**GEORGE DÉBARQUE À BLAINVILLE** ✓ 15.50  
Bananas, Nutella and English cream

## WHIPPED-CAFFEINE OVERDOSE



# SWEET AND SALTY

**SPINACH & CHEDDAR CREPE** ✓ 14.20  
Served with potatoes or arugula salad and maple syrup

**BACON & CHEDDAR CREPE** 14.20  
Served with potatoes or arugula salad and maple syrup

**APPLE & CHEDDAR CREPE** ✓ 14.20  
Served with potatoes or arugula salad and maple syrup

**THE MÉLI-MÉLO** 15.75  
Sandwich made out of 2 French toasts with an egg, Swiss cheese and ham, all topped with a mountain of fruit and maple syrup

**LA CABANE WAFFLE** 15.75  
2 poached eggs, ham, cheddar and Swiss cheese, au gratin with baked beans and maple syrup

**PEARS & BRIE CREPE** ✓ 14.20  
Served with potatoes or arugula salad and maple syrup

**HAM, BRIE & EGGS CREPE** 14.75  
Served with potatoes or arugula salad and maple syrup

**LA COURSE AUX GRENOUILLES AU MONT-ROYAL** 16.20  
Buckwheat crepe with fresh fruit and maple syrup

**LE FÉMINISME AU MASCULIN** 16.20  
2 gluten-free French toasts made into a sandwich with an egg, Swiss cheese and bacon, all topped with a mountain of fresh fruit and maple syrup

\* Please keep in mind that we can not guarantee that any menu item is completely gluten-free due to possible crossed contamination during the cooking process. We cannot be held responsible for any incident related to their consumption.



# ALL THE GOOD STUFF!

SERVED WITH POTATOES OR ARUGULA SALAD AND PREMIÈRE MOISSON BREAD

<b>LE MINI GOURMAND</b> 2 eggs, bacon or sausages and a small banana and Nutella crepe Replace the bananas with strawberries for +1	<b>15.20</b>	<b>OLÉ COCO</b> 2 eggs, bacon, sausages, all served on 2 thin large crepes, topped with a mountain of fresh fruit, English cream and maple syrup (without potatoes)	<b>16.20</b>
<b>LE PTIT GOURMAND</b> 2 eggs, bacon, sausages and a small banana and Nutella crepe	<b>15.75</b>	<b>L'INCROYABLE HULK</b> 2 eggs, bacon or sausages, half a waffle with bananas, peanut butter and Nutella	<b>16.00</b>
<b>LE GROS GOURMAND</b> 2 eggs, bacon, sausages and a small banana and strawberry crepe with Nutella	<b>17.20</b>	<b>MARYLINE EN AMOUR</b> 2 eggs, sausages, half a waffle with bananas, Nutella and bacon	<b>16.20</b>
<b>LE BLEUET</b> 2 eggs, sausages, 2 blueberry pancakes and maple syrup	<b>14.50</b>	<b>LE PARTY EST POGNÉ AU VILLAGE</b>  2 eggs, famous "Beyond Meat" vegan sausage, served with arugula salad (without potatoes)	<b>16.20</b>
<b>LA « SURPRISE À HEIDI »</b> 2 eggs on a sliced bagel with yellow cheddar and bacon	<b>12.20</b>	<b>LILY À SILICONE VALLEY</b>  Famous "Beyond Meat" vegan sausage, served with arugula salad and a bowl of fruit (without potatoes)	<b>16.20</b>
<b>SAM ENCORE EN VACANCES !</b> 2 eggs, bacon or sausages, half a brioche, bananas, strawberries with Nutella	<b>16.20</b>	<b>LE SIMPLISTE (2 EGGS WITH 1 CHOICE)</b> Sausages, bacon, ham, bologna, cretons, baked beans, bowl of fruit or arugula salad. Replace a choice with: • Chorizo or Italian sausage +1.95 • Crêpe or French toast and maple syrup +1.50	<b>8.75</b>
<b>COCO BRIOCHE</b> 2 eggs, bacon or sausages, half a brioche with fresh fruit, English cream and maple syrup	<b>16.20</b>	<b>LE MOINS SIMPLISTE (2 EGGS WITH 2 CHOICES)</b> Sausages, bacon, ham, bologna, cretons, baked beans, bowl of fruit or arugula salad. Replace a choice with: • Chorizo or Italian sausage +1.95 • Crêpe or French toast and maple syrup +1.50	<b>10.20</b>
<b>LE DÉJEUNER DU PEUPLE</b> 2 eggs, bacon or sausages, with crepe, French toast and maple syrup	<b>15.20</b>		
<b>GRÂCE ACHÈTE À LA MONTAGNE</b> 2 eggs, sausages, cretons and baked beans	<b>12.20</b>		
<b>JE ME SOUVIENS</b> 2 eggs, bacon, sausages, ham, baked beans, cretons, pancake or French toast and maple syrup	<b>16.20</b>		
<b>FESTIN L'OEUFRIER</b> 2 eggs, bacon, sausages, ham, bologna, cretons and baked beans	<b>15.20</b>		
<b>LE GAUFRIER</b> 2 eggs, bacon or sausages, half a waffle with fresh fruit, English cream and maple syrup	<b>16.20</b>		
<b>LE NÉGOCIATEUR AGRÉÉ</b> 3 eggs, bacon, chorizo and potatoes au gratin	<b>18.20</b>		
<b>CHOCOGAUFRE</b> 2 eggs, bacon or sausages, half a waffle with bananas, strawberries and Nutella	<b>16.20</b>		
		<b>MARTIN EN KAYAK AU LAC AUX CASTORS</b> 2 eggs, bacon, buckwheat crepe, bowl of fruit, maple syrup and gluten-free toast	<b>14.75</b>
		<b>LE BORDEL EST POGNÉ AU MTQ</b> 2 eggs, bacon, gluten-free French toast, bowl of fruit, maple syrup and gluten-free toast	<b>14.20</b>
		<b>EN DOUTE, ON BLÂME LA SOUS-MINISTRE</b> 2 eggs over gluten-free toast with Swiss cheese and bacon, served with a fresh bowl of fruit	<b>14.20</b>



\* Please keep in mind that we can not guarantee that any menu item is completely gluten-free due to possible crossed contamination during the cooking process. We cannot be held responsible for any incident related to their consumption.



# HAMBURBAGEL

*SERVED WITH POTATOES OR ARUGULA SALAD  
REPLACE YOUR POTATOES OR ARUGULA SALAD WITH A BOWL OF FRUIT FOR +1.50*

<p><b>EMERSON FAN DU PSG</b> 14.20 1/3 lb ground beef, yellow cheddar, bacon, lettuce, tomatoes, mayo and poached egg, served with hollandaise sauce on a bagel</p>	<p><b>VILLERAY, JE T'AIME !</b> 14.20 1/3 lb ground beef, brie cheese, sautéed mushrooms, lettuce, tomatoes, mayo and poached egg, served with hollandaise sauce on a bagel</p>
<p><b>JULIEN SE LAISSE ALLER SUR TWITTER</b> 16.20 1/3 lb ground beef, chorizo, goat cheese, lettuce, tomatoes, mayo and poached egg, served with hollandaise sauce on a bagel</p>	<p><b>ROLANDE VEND SA ROULOTTE À HOLLYWOOD BEACH</b> 15.20 1/3 lb ground beef, sautéed mushrooms, Swiss cheese, bacon, lettuce, tomatoes, mayo and poached egg, served with hollandaise sauce on a bagel</p>
<p><b>VINCENT EN CIVIC AU VIEUX-PORT</b> 14.20 1/3 lb ground beef, B.L.T. and poached egg, served with hollandaise sauce on a bagel</p>	<p><b>MÉCHANT TRIPPE DE BOUFFE</b> 17.50 1/3 lb ground beef, cream cheese, pulled smoked meat, lettuce, tomatoes and poached egg, served with hollandaise sauce on a bagel</p>
<p><b>PETIT DERNIER POUR LA ROUTE</b> 14.20 1/3 lb ground beef, yellow cheddar, Swiss cheese, lettuce, tomatoes, mayo and poached egg, served with hollandaise sauce on a bagel</p>	<p><b>LE VIVRE ET LAISSER VIVRE</b>  18.20 "Beyond Meat" vegan patty, guacamole, lettuce, tomatoes and poached egg, served with hollandaise sauce on a bagel</p>

# THE SANDWICHERIE

*SERVED ON BAGEL OR PREMIÈRE MOISSON BREAD WITH POTATOES OR ARUGULA SALAD  
REPLACE YOUR POTATOES OR ARUGULA SALAD WITH A BOWL OF FRUIT FOR +1.50*

<p><b>ST-URBAIN ENCORE EN CONSTRUCTION</b> 13.20 Bagel with chorizo omelet, onions, peppers, lettuce, tomatoes and mayo</p>	<p><b>FINALEMENT UN NOUVEAU PONT CHAMPLAIN</b> 16.75 Bagel with smoked salmon, cream cheese, onions, lettuce, tomatoes and capers</p>
<p><b>PEDRO SE PRÉSENTE AUX ÉLECTIONS</b> 11.50 Bagel with ham omelet, onions, peppers, lettuce, tomatoes and mayo</p>	<p><b>LE RETOUR DES NORDIQUES, PEUT-ÊTRE !</b> 15.20 Bagel with tuna salad, shallots, sundried tomatoes, Swiss cheese, lettuce and tomatoes</p>
<p><b>ON VEUT LE RETOUR DES EXPOS</b>  13.20 Bagel with mushroom omelet, brie cheese, lettuce, tomatoes and mayo</p>	<p><b>LA SAISON DU NID DE POULE</b> 11.75 Bagel with egg, bacon, Swiss cheese, lettuce, tomatoes and mayo</p>
<p><b>NOUS AUTRES, ON PREND LES POTS-DE-VIN</b> 11.75 Bagel with egg, ham, brie, lettuce, tomatoes and mayo</p>	<p><b>LE TOIT DU STADE COULE ENCORE</b> 10.75 Bagel with bacon, lettuce, tomatoes and mayo</p>

## OUR MILKSHAKES



 VEGETARIAN OPTIONS